



**Newington Department of Human Services
131 Cedar Street
Newington, CT 06111**

	<p>A Helping Hand For All ages</p>
<p>NEWINGTON ADVENTURE CHALLENGE COURSE</p>	



**Newington Human Services
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Newington, CT 06111
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**You can discover more about a
person in one hour of play than
in a year of conversation**

Plato

The Newington Challenge Course is an exciting and powerful way to foster team development and personal growth for businesses, schools and community groups. It is designed to teach participants important life skills of leadership, problem-solving, decision-making, cooperation, and communication.

Participants Learn To:

- A. Respect and Value Differences in a Group.
- B. Resolve Conflicts as a Group
- C. Trust in Themselves and Others
- D. Develop Self-Confidence

Staff: Our staff are trained and experienced in the field of adventure programming, challenge course facilitation, First Aid and CPR. Whether your goal is to improve productivity and cooperation in the workplace, develop youth leadership skills or enhance teamwork; we will work with you to design a program that accommodates your needs.

Email: rhuggard@newingtonct.gov

For an information/registration packet

Safety: Our course is constructed using the most up to date challenge course technology and is inspected annually by our builder, Northeast Adventures Inc.

The Challenge Course is comprised of 12 high ropes elements that range from 18 - 40 feet high and there are 14 low ropes elements from 1 - 3 feet off the ground.

The Challenge Course works by building cooperation, trust, communication, problem-solving, teamwork, along with self-realization, personal growth and a sense of accomplishment.

Our philosophy is based on challenge by choice, offering participants the encouragement to be involved at their own pace and comfort level.

Our facilitators begin with basic trust exercises and gradually progress to more difficult challenges.

Customized programs can be half-days, full days and include low and/or high elements. We design an experience to meet your group's goals.

We also offer a climbing tower and zip line combination program that can last from 3 to 4 hours as a purely recreational event .

**The Challenge Course is a FUN,
NON-COMPETITIVE, learning experience for
everyone!**

